

Girls All-Time 100 Meter High Hurdles (All-Time Best with Legal Wind: 13.81 Ava Fitzgerald Roseville 2022)

(State Meet event beginning in 1985- Hurdles are 33" high, earlier 100 Meter Hurdle Races were contested over 30" hurdles)

13.80	Claire Kohler	Minnetonka	2023	14.65	Brooke Cina	Totino Grace	2023
13.81	Ava Fitzgerald	Roseville	2022	14.66	Danielle Simmons	St. Paul Central	1998
13.94	Karina Joiner	East Ridge	2016	14.66	Olivia Fixsen	Mounds View	2014
13.94	Kennedy Martinson	Coon Rapids	2023	14.67	Kerri Newgard	Pipestone Jasper	1994
14.08	Shae Buchman	Rosemount	2017	14.68	Sara Grineski	Moorhead	1997
14.13	Ann Harlos	Eden Prairie	2015	14.69	Holly Janson	Bemidji	1995
14.15	Elizabeth Tuttle	St. Paul Academy & SS	2025	14.69	Laura Pace	Pillager	2005
14.21	Alexandra Williams	Blaine	2014	14.70	Amea Wiseth	Park Cottage Grove	1987
14.22	Ava Cinnamo	Rosemount	2022	14.70	Shelby Eykyn	Worthington	2002
14.23	Rachel Schow	Rosemount	2015	14.70	Kelly Stalpes	Wayzata	2007
(10)				(70)			
14.24	Michaela Preachuk	Lakeville North	2015	14.71	Kelly Schoberg	Plainview	1993
14.24	Hannah Hanson	Rochester Mayo	2023	14.71	Selin Dikmen	Belle Plaine	2017
14.27	Meleah Biermaier	Thief River Falls	2016	14.71	Lillian Wanzek	Hopkins	2023
14.27	Eva Welsch	Lakeville South	2025	14.71	Payton McKnight	Andover	2024
14.28	Laila Moses	DeLaSalle	2025	14.72	Kelsi Ring	Brainerd	2010
14.29	Jessica January	Richfield	2012	14.73	Greta Bauer	Sauk Rapids	1999
14.29	Shaina Zinter	Concordia Academy	2021	14.74	Kim Lieder	Eastview	2008
14.30	Ruby Pajibo	Minnetonka	2023	14.74	Madysen Schmidt	Bemidji	2021
14.33	Shaina Burns	Lakeville South	2014	14.75	Emily Stalpes	Wayzata	2008
14.35	Heidi Lundervold	Woodbury	1994	14.76	Alicia Rue	Robbinsdale Armstrong	2005
(20)				(80)			
14.35	Natalie Windels	Eagan	2018	14.76	Kalley Harris	Coon Rapids	2017
14.35	Marvelous Onwualo	Blaine	2023	14.76	Lucea Wales	A-B-E	2024
14.36	Nadia Lorencz	Farmington	2012	14.77	Nyalaam Jok	Annandale	2021
14.39	Julia Hayes	Irondale	2017	14.77	Brielle Kuechle	Eden Valley-Watkins/K	2022
14.39	Evelyn Adams	Edina	2019	14.78	Kara Hedin	Dassel Kokato	1996
14.42	Kelsie Sealock	Osseo	2019	14.79	Sasha Gangl	Elk River	2005
14.43	Kaye Paschka	Alexandria	2019	14.80	Chloe Hughes	Winona	2021
14.44	Chiamaka Okonkwo	Osseo	2009	14.81	Lynn Frauendienst	Crosby Ironton	1986
14.44	Lauren Dimler	Mankato West	2022	14.81	Gina Perich	Esko	1995
14.45	Kayla Sawtell	Mounds View	2010	14.81	Chanel Miller	Apple Valley	2010
(30)				(90)			
14.49	Erika Townley	White Bear Lake	2019	14.81	Myiah Scott	Farmington	2017
14.49	Naomi Moore	Simley	2024	14.82	Grace Gerring	Hopkins	2010
14.50	Lisa Ristau	Fairmont	1988	14.83	Lueanne Sorrell	St. Francis	1990
14.50	Ansley Schug	East Ridge	2017	14.6 *	Brenda Braun	Moorhead	1985
14.51	Jessica Haux	Wayzata	2025	14.6 *	Martha Harris	Bryon	1990
14.52	Maggie Bair	Blaine	2010	14.84	Tanya Hensch	Fergus Falls	2003
14.52	Taynian Walgrave	Prior Lake	2019	14.84	Ashley Kimman	Pierz	2022
14.52	Cecelia Woods	Rocori	2022	14.6 *	Caitlin Roemhildt	Minnetonka	2004
14.53	Jill Hiveley	Jordan	2022	14.85	Kelli West	Hibbing	1987
14.54	Anna Ratzloff	Little Falls	1990	14.85	Nikola Holmes	Apple Valley	1997
(40)				(100)			
14.3 *	Arika Sanders	Tracy-Milroy	1994	14.85	Caraline Slattery	Lakeville South	2015
14.54	Ashley Ramacher	Eden Prairie	2016	14.86	Hannah Lamkin	Eagan	2018
14.3 *	Taige Iverson	Austin	2019	14.86	Prince Akinyele	Hopkins	2025
14.55	Colleena Coleman	Robbinsdale Cooper	2010	14.87	Jenna Severson	Spring Lake Park	2008
14.55	Clair Shepardson	La Crescent	2017	14.87	Allie Terpstra	Milaca	2015
14.55	Larkin Walter	Princeton	2017	14.87	Nyebol Jock	Coon Rapids	2024
14.55	Carlee Kordosky	Hastings	2024	14.88	Dawn Solberg	Apple Valley	2003
14.58	Laura Schnittker	Maple Grove	2009	14.89	Jessica Dhaene	Forest Lake	2012
14.59	Trend Fields	Brainerd	1988	14.89	Heather Ryan	Maple Grove	2018
14.59	Michaela Baker	Robb. Armstrong	2017	14.89	Ella Martens	Stillwater Area	2025
(50)				(110)			
14.60	Maddyn Greenway	Providence Academy	2025	14.90	Jaelin Beachy	Staples-Motley	2014
14.61	Alyssa Johnson	Mpls Henry	2003	14.91	Cheryl Henderson	Wayzata	1987
14.62	Alexis Urbick	Winona	2025	14.91	Madison Smith	Brainerd	2010
14.63	Alison Gamache	Mounds View	2005	14.91	Katie Schilling	Saint Peter	2017
14.63	Michelle Neece	Pipestone Area	2018	14.91	Leah DiNardo	Minnehaha Academy	2025
14.63	Allison Richter	Mounds View	2025	14.92	Erin Huls	Rocori	2014
14.4 *	Katy Fawbush	Robbinsdale Armstrong	1992	14.92	Mara Quam	Kenyon-Wanamingo	2017
14.64	Jenna Kes	Jordan	2017	14.92	Rylee Johnson	Detroit Lakes	2024
14.65	Jacenta Spandl	Moorhead	2001	14.92	Brooklyn Flatau	Waseca	2025
14.65	Casie Pawlick	Totino Grace	2012	14.93	Jessica Butler	Grand Rapids	2007
(60)				(120)			

14.93	Jessica Keesling	White Bear Lake	2009
14.93	Haley Mottinger	Willmar	2016
14.93	Addyson White	Prior Lake	2024
14.7 *	Mindy Sutter	Moorhead	1985
14.7 *	Kristi Dean	Fridley	1987
14.94	Janene Gruetzmacher	Shakopee	1988
14.7 *	Swen Minnema	Mankato West	1992
14.94	Katie Bestul	Coon Rapids	1996
14.94	Tammy Leuer	Wayzata	1998
14.7 *	Sarah Menden	Eden Prairie	2001
(130)			
14.7 *	Staci Beckel	Waseca	2005
14.94	Millie Klefsaas	Staples-Motley	2016
14.95	Kathy Gebeke	White Bear Lake	1985
14.95	Mandy Kirtz	Mound Westonka	1992
14.95	Katie Drentlaw	Prior Lake	1997
14.96	Missy Schultz	Wells Easton	1986
14.96	Rachelle Dosch	Anoka	2003
14.96	Lauren Bourland	Wayzata	2017
14.97	Erin Brown	Holy Family Catholic	2015
14.98	Caitlin Winey	Burnsville	2005
(140)			
14.98	Kirstie Townley	White Bear Lake	2010
14.98	Alisa Gilbert	Watertown-Mayer	2019
14.98	Tasha Beyioku-Alase	Champlin Park	2021
14.99	Brenda Janisch	Coon Rapids	1985
14.99	Erin Beyer	Roseville Area	2016
14.99	Kailey Thompson	Becker	2025
15.00	Sammy Laatsch	Lakeville	2003
15.00	Kati Newgard	Pipestone Jasper	2003
15.00	Patti Woods	Blaine	2006
15.01	Gretchen Otto	Rochester Lourdes	1985
(150)			
15.01	Kristin Hille	Sauk Rapids	2003
15.01	Mia Barron	Minnetonka	2012
15.02	Rianna Avery	Park Center	1998
15.02	Skyler Kroschel	Stillwater	2007
15.02	Tate Brown	Hopkins	2014
15.02	Jacqueline Bergeron	St. Michael-Albertville	2024
15.02	Aubryana Boldt	Rushford-Peterson/H	2025
15.02	Rilee Breth	Holdingford/Upsala	2025
15.02	Ethel Cooper	Andover	2025
15.03	Janelle White	Coon Rapids	1994
(160)			
15.03	Emily Coborn	St. Cloud Cathedral	2002
15.03	Jenny Ojiaku	Park Center	2003
15.03	Maria Steblay	Eden Prairie	2012
15.03	Rose Sieve	Rosemount	2018
15.03	Lydia Fell	St Peter	2025
14.8 *	Stefani Kelly	Faribault	1993
14.8 *	Melissa Steele	Eden Prairie	2001
15.04	Amy Anderson	Alexandria	2003
14.8 *	Rachel Fashant	Eastview	2007
15.04	Hailey Hindt	Grand Meadow/LeRoy-O	2021
(170)			
15.04	Mariah Willard	Trinity School at RvrR	2024
15.04	Elena Hartung	Pine Island	2025
15.04	Avery Sandmann	Lakeville South	2025
15.05	Jill Cattrysse	Irondale	1998
15.05	Holly Smith	Burnsville	1989
15.05	Jocie Johnson	Lakeville South	2016
15.05	Laurn Rustad	Perham	2023
15.06	Jennifer Hale	Concordia Academy	1992
15.06	Jennifer Albers	Coon Rapids	2000
15.06	Alex Andrews	Triton	2005
(180)			

15.06	Ellie Schiffman	Blake	2021
15.06	Mary Keleekai	Anoka	2022
15.06	Ellie Volkers	Tartan	2024
15.07	Shannon Sorensen	Eagan	1998
15.08	Sarah Ofedahl	South St. Paul	1997
15.08	Clare Liedtke	Minnetonka	2016
15.09	Syri Williams	Alexandria	2017
15.09	Jaylen Struck-Schmitz	Belle Plaine	2019
15.10	Brigette Stuewe	Norwood-Young America	1988
15.10	Melanie Hoheisel	Greenway	1999
(190)			
15.10	Nicole Hayes	Red Wing	2001
15.10	Bree Woelber	Pipestone-Jasper	2009
15.10	Katlyn Sawtelle	Luverne	2010
15.10	Hannah Mueller	Cambridge-Isanti	2011
15.10	Lorna Bechtel	Spectrum	2017
15.10	Macya Boyd	Bloomington Jefferson	2018
15.10	Azelle Besemann	Irondale	2025
15.11	Erin Zempel	Westbook	2001
15.11	Marissia Hagedorn	Blue Earth	2012
15.11	Domayou Vawah	Blaine	2025
(200)			
15.12	Jennie Romsdahl	Mt. Lake Butterfield	2010
15.12	Emily Pratt	Lakeville North	2011
15.12	Gabbie Guimont	Anoka	2013
15.12	Narindwa Semakula	Irondale	2022
15.13	Laura Weber	Eden Prairie	2008
15.13	Sierra Schultz	Fairmont	2014
15.13	Juslene Chea	St Michael-Albertville	2025
14.9 *	Tracee Wolff	Rocori	1985
14.9 *	Biz Zimney	St. Louis Park	1988
14.9 *	Kay Fuller	Bertha Hewitt	1993
(210)			
14.9 *	Liz Goergen	Eastview	2001
15.14	Mykel Parham	Apple Valley	2017
15.15	Lisa Dixon	Mpls North	1985
15.15	Erin Nygaard	Coon Rapids	1993
15.15	Alanna Dietz	New London-Spicer	2011
15.15	Alex Wittinger	Delano	2013
15.15	Dani Schimers	Little Falls	2019
15.16	Mikaela Raddatz	Eastview	2003
15.16	Cally Strobel	Mayer Lulthern	2010
15.16	Sydney Briggs	Prior Lake	2018
(220)			
15.17	Lindsay Oman	Benilde St. Margarets	2003
15.18	Carey Erpelding	St. Cloud Cathedral	1991
15.18	Edwina Bestman	Park Center	2012
15.18	Aurora Darvell	Eagan	2025
15.18	Hailey Proshek	New Prague	2025
15.19	Grace Brandt	Spring Lake Park/SA	2021
15.19	Breanna Kressin	Crookston	2022
15.19	Kyra Marshall	Mounds View	2024
15.20	Karen Burtzel	Mankato Loyola	1985
15.20	Molly Miller	Stillwater	1999
(230)			
15.20	Melissa Cummins	Janesville	2002
15.20	Sheana Grigsby	Breck	2002
15.20	Becky Smith	Renville	2002
15.20	Jenna Malinen	Roseville	2008
15.20	Natalie Frier	Chaska	2014
15.20	Kali Schimers	Little Falls	2019
15.21	Niki Saiko	Roseville	1985
15.21	Emily Menden	Eden Prairie	1997
15.21	Leslie Thomas	DeLaSalle	2008
15.21	Anna Cerf	Edina	2015
(240)			

15.21	Kenlie Blom	Atwater-Cosmos-GC	2025
15.22	Cassandra Cajune	Orono	1998
15.22	Jessica Reed	Hastings	2005
15.22	Megan Olson	Stillwater	2008
15.22	Ann Van Heel	Forest Lake	2010
15.22	Rachel Quandt	Austin	2015
15.22	Josie Liebl	Lakeville North	2019
15.22	Emma Duerr	St. Michael-Albertville	2022
15.22	Aynslee Johannsen	Fraze	2025
15.23	Holly Manthei	Burnsville	1994

(250)

15.23	Amy Christenson	United South Central	2004
15.23	Bobbi Buyck	Tracy Milroy	2006
15.23	Elise Gill	Concordia Academey	2009
15.23	Lindsey Smits	Lakeville North	2013
15.23	Gracie Elsenpeter	Maple Lake	2019
15.23	Kacie Claessens	Shakopee	2025
15.23	Anna Stockton	Red Wing	2025

(257)

* = handheld time (add .24 seconds to convert to FAT)

11/17/2025